

Year 8 Lesson Overview

This overview has been compiled to show parents/carers the topics being taught across the curriculum to allow further support/conversations at home. If there are any sensitive topics you know may affect your child, please contact school prior to the lesson taking place, by at a couple of weeks. Any lesson that is classified as a sex education lesson is highlighted in pink. It must be agreed with the headteacher to be withdrawn from a sex education lesson at least a term in advance.

	Lesson Number	Lesson Enquiry Question	Golden Knowledge
Autumn 1	1	Why is individuality important?	Benefits of uniqueness
	2	What is the equality act?	9 protected characteristics Harassment of a protected characteristic is illegal Support for harassment
	3	How do we equalise those with a disability?	Reasonable adjustments to be made for all types of disability Stereotypes are not accurate
	4	How do we equalise different races?	Stereotypes are not accurate Racism exists in the UK
	5	How do we equalise the sexes?	Stereotypes are not accurate Sexist language
	6	How do we equalise those who have reassigned their gender?	Stereotypes are not accurate Promoting inclusivity (<i>focus more on accepting people not whether they agree with it</i>)

Autumn 2	1	What is the difference between the real world and the online world?	AI is a bridge between the real and online world
	2	How should we communicate online?	Expectations of behaviour apply in all contexts <i>Include that sexting underage is illegal</i>
	3	How does the equality act apply online?	Expectations of behaviour apply in all contexts
	4	What risks are there online?	Material is easily shared and hard to remove
	5	What do I do if I experience a risk online?	Do not share other's personal information
Spring 1	1	How do I make responsible decisions?	Growing independence means growing responsibility
	2	How could I earn more money?	Money is earned
	3	What is budgeting and why is it important?	Income, expenses, outgoings, credit, debit
	4	How do I make good decisions with money?	What is the difference between credit and debit?
	5	What financial skills will I need as I get older?	Lifestyle affects costs Unexplained costs need to be budgeted for.
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Spring 2	1	What is epilepsy?	Common symptoms, 1 in every 100
	2	Why are campaigns important?	Method of promoting a change in attitude
	3	What do I need to know about epilepsy?	Myths and misconceptions vs the reality of living with epilepsy
	4	How do we plan our campaign?	Challenging stereotypes/misinformation Promoting teamwork Methods they will use
	5	How do we plan our campaign?	Aims Methods Implementation of campaign
	6	How effective was our campaign?	Knowing the campaign was effective WWW EBI Including personally and as a team

Summer 1	1	What is a healthy diet?	Food groups, vitamins, minerals
	2	What is in the food I eat?	Different products include different vitamins
	3	How does the food I eat affect me and the world around me?	Impact of food on sleep, health risks including tooth decay
	4	Where does our food come from?	Process from farming to food
	5	What am I putting into my body?	Include vaping and energy drinks
	6	How healthy is our school?	Reflecting on our diets
Summer 2	1	How can I keep active?	Activity levels, includes sports, walking and activities that are disability friendly
	2	What are the benefits of exercise?	Exercise and activity levels improved mental health and community participation; inactivity leads to ill health
	3	SAFEGUARDING SURVEY	
	4	How do I keep myself safe in towns?	Preventing pickpocketing, using public transport
	5	How do I keep safe in new environments?	Map reading, using public transport (including trainline), escape routes
	6	What decisions can I make about my health?	Being Gillick competent